



Thometz
Life Coaching

Downsizing Worksheet #2

Where do you want to be?

Why do you want to downsize? What is your dream for your new life?

1. _____

2. _____

3. _____

What excites you about downsizing?

1. _____

2. _____

3. _____

What do you see as the biggest hurdles to downsizing?

1. _____

2. _____

3. _____

Where might you want to live?

1. _____

2. _____

3. _____

What kind of structure do you want to live in?
Apartment? House? Rental? Own?

1. _____

2. _____

3. _____

List the attributes of your perfect home:

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

11. _____

12. _____

What steps can you take to get started?

1. _____

2. _____

3. _____

4. _____