



Thometz
Life Coaching

Vision Mapping Project

Check out my Vision Mapping video on the Thometz Life Coaching YouTube Channel.



When you create a Vision Map, you're designing a clear road map to get you from where you are to where you want to be.

Supplies Needed:

- 11" x 14" or larger Poster Board
- Pencil
- Eraser
- Scissors
- Glue Stick
- Markers or Colored Pencils or Crayons
- Thin Marker or Pen for detail work

Additional but not necessary

- Magazines for cutting out photos
- Printed photos



Answer these questions to prepare yourself to create your Vision Map:

What is your goal or destination? _____

Where are you right now on your journey? _____

What have you already done to reach your goal? _____

What do you still have to do to reach your goal? _____

